

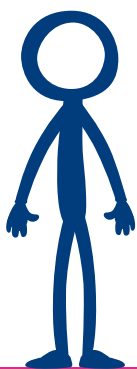
## SAFE HANDLING + MOBILITY PROGRAM

# PACE

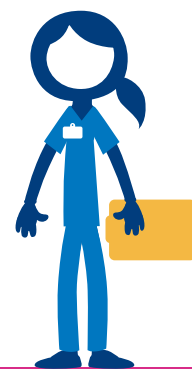
**TO USE PACE PROPERLY YOU WILL NEED TO SWITCH THE ORDER OF THE PACE ELEMENTS**

Using this approach will help ensure you access hazards you might encounter in the order that will keep you safest during the client care cycle.

# ECAP



Don't Forget to PACE Yourself



**E**

**Environment** – Is the care environment safe?

**C**

**Communication** – Are you able to communicate with the client?

**A**

**Agitation + Aggression** – Is the client agitated or aggressive?

**P**

**Physical** – Assess the client's current physical ability, can you provide care without being injured?